



South west to Scarthingwell

Start/Finish point-CP Post Office
Head West to railway bridge

Continue west to main road

Continue to Scarthingwell.

Lead South to Barkston Ash

Cross Carr Dyke at lovers bridge ,continue on to Church.

North down Sandwth Lane

Follow road left for 50 metres ,turn left, path is on right.

Turn right at Church
Then left to Post Office

Follow path in an approx easterly round pond

Turn right,south, for about 50 metres.

Head north along west side of paddock

Turn left,East, down Main Street.

Turn left,East, and follow lane under railway bridge

Bearing 135 Magnetic to railway
(315 Maganetic if in reverse diction)

Cross Carr Dyke by footbridge, Take, care.

At fingerpost follow path
East to footbridge

Follow path to ditch
Then field edge

Head North for quick way home.

Head East to Little Fenton

North over stile near phone box